



**Waitākiri School**  
**2026 REAL CHOICES**  
**Challenges**

# **RATA**



**YEAR 4**

# HOME CHALLENGES

## Community

		Self	Parent	Teacher
CO1	Give to people in need: Raise a minimum of \$20 to donate to a charity or an equivalent collection for a community cause e.g. Chch City Mission, SPCA, surf club	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
CO2	Give to family: Help out at home each week with some agreed household jobs for a minimum of one month	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
CO3	Give to your family: Prepare 2 meals for your family	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
CO4	Join a Community Group (e.g. Cubs, Pippins, Brownies) & show how you have contributed to the community in some way	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
CO5	Give of your time: Visit an elderly person at least 4 times over 2 terms and help them with some jobs or have fun playing board games or reading to them etc.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
CO6	Participate in at least four Community Clean-Ups per term	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## Environment and Sustainability

		Self	Parent	Teacher
ES1	Grow one type of vegetable in a pot or in the garden & show how you cared for them & used them in a meal	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
ES2	Participate in the Travis Wetlands or other local planting/restoration day with a family member	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
ES3	Take responsibility for the recycling at home. Find out how the CCC want families to sort their recycling and be responsible for getting the yellow bins out for collection each fortnight for at least one term	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
ES4	Prepare your own NOOD food lunch for 2 weeks or 10 days over a term and keep a record	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
ES5	Find out about a programme for saving an endangered species and present your information	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
ES6	Be a kaitiaki (guardian) of our school, caring for an area of our environment at school or in the community (e.g. weeding, picking up rubbish) at least 4 times	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## Physical Activity & the Outdoors

		Self	Parent	Teacher
PA1	Improve your fitness: over a 4 week period complete walking or running of a distance of at least 10 km or cycle at least 40 km	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
PA2	Improve your swimming: swim a total of 200m in one session	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
PA3	Explore the outdoors: with a family member or family friend complete a challenging walk e.g. Bridle Path, to Boulder Bay from Taylor's Mistake	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
PA4	Undertake and complete an endurance event e.g. City to Surf, duathlon, Marafun, cycle race, XRACE (xrace.co.nz)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
PA5	Attend practices & compete in a sport outside of school for an entire season (incl. life-saving)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
PA6	Walk or run around Travis Wetlands twice over a 2 week period with a family member	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

# HOME CHALLENGES

## Personal Inquiry:

		Self	Parent	Teacher
PI1	Be a reporter: Attend and report on an event in our community and present to your home group	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
PI2	Improve your maths skills-Complete the 'Figure It Out' Challenge Booklet at the level your teacher recommends	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
PI3	Conduct a scientific investigation into one of the waterways in our area e.g. Ōtākaro Awa (Avon River) or Travis Wetlands	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
PI4	Be an investigator: Research a significant New Zealand event & share this with your home group	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
PI5	Improve your science skills- complete a science-based investigation and present your findings (see your studio teachers for ideas)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
PI6	Learn a new language, e.g. NZ Sign Language, Te Reo, French etc. (greetings and key vocabulary)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## Creativity:

		Self	Parent	Teacher
CR1	Create an original artwork using more than one media e.g. paint & collage around the theme of water (wai)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
CR2	Learn a musical instrument, join a dance group or attend art or drama lessons during the year	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
CR3	Write and present to your home group a speech on a topic that is of interest to you	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
CR4	Make a short movie/puppet pal presentation or similar about what our REAL value of Respect means to you and how this can relate to 'Bucket Filling'	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
CR5	Choreograph a dance and perform it to your home base or studio	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

## Cultural Diversity:

		Self	Parent	Teacher
CD1	Find out about food from another culture. Prepare some of this food to share with your family. Share the recipe(s) and your experience with your home group	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
CD2	Find out about a festival or special celebration from another culture and share this information in an interesting way. Think about 'When?', 'Why?' and 'How?'	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
CD3	Find out about a game or sport from another culture. Learn how to play and teach it to your home group	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
CD4	Creativity and the arts... Find out about an aspect of the arts: Music, drama, dance, visual art of another culture. Have a go yourself and share your experience with your home group	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

# SCHOOL CHALLENGES

## Term 1 Activities & Events:

Participate in, and complete a reflection for:		Self	Staff Initial
T1E1	Waitākiri Swimming Sports	<input type="checkbox"/>	
T1E3	Term 1 Reading Log	<input type="checkbox"/>	

## Term 2 Activities & Events:

Participate in, and complete a reflection for:		Self	Staff Initial
T2E1	World Vision 40-Hour Challenge	<input type="checkbox"/>	
T2E2	Chess Club	<input type="checkbox"/>	
T2E3	Term 2 Reading Log	<input type="checkbox"/>	

## Term 3 Activities & Events:

Participate in, and complete a reflection for:		Self	Staff Initial
T3E1	French lessons	<input type="checkbox"/>	
T3E2	Term 3 Reading Log	<input type="checkbox"/>	

# SCHOOL CHALLENGES

## Term 4 / Full Year Activities & Events

Participate in, and complete a reflection for:		Self	Staff Initial
T4E1	Waitākiri Choir	<input type="checkbox"/>	
T4E2	Waitākiri Pasifika Group	<input type="checkbox"/>	
T4E3	Waitākiri Kapa Haka Group	<input type="checkbox"/>	
T4E4	WISH Group	<input type="checkbox"/>	
T4E5	Minecraft Club	<input type="checkbox"/>	
T4E6	Basketball	<input type="checkbox"/>	
T4E7	Term 4 Reading Log	<input type="checkbox"/>	



## **REAL Heroes doing REAL CHOICES Challenges**

A *challenge* is something that requires effort, responsibility, and commitment to achieve. Let this be reflected in each of the challenges you choose and complete.

Please read the parent letter for more details.

In the **RATA REAL CHOICES Challenges**, you must complete and have checked off by your teacher a **minimum of 8 challenges by Monday, 16 November**. This could include any non-compulsory school activities/events, as well as challenges completed at home.

**The expectation is that you complete a minimum of 2 challenges per term.** There is no requirement for how many you complete from either home and /or school. There is also no limit to how many challenges you complete, and for every 4 extra challenges you do, you will climb another level. We are encouraging you to get involved in as many opportunities as you can to continue to develop as a lifelong learner.

CO1 challenges must be approved and scheduled at the office if you want to do fundraising at school.

Share each challenge as you complete it with your teacher (self-check, parent/caregiver check).

Show evidence of your learning challenge with a photo or collage and complete the reflection document on Google Classroom.

Be sure to have thought about which aspect(s) of REAL each challenge fits: **RESPECTFUL, ENCOURAGER, ACHIEVER**, and/or **LIFE-LONG LEARNER**.

**Have fun and enjoy your REAL CHOICES Challenges 2026.**