## Fast Words

FAST WORDS is the spelling and word study programme we have developed at Waitākiri. The goal is for children to read and write words they use a lot (called high frequency words) quickly and automatically, almost without having to think.

This means children do not need to slow down when they meet the FAST WORDS in their reading and writing. Instead they can concentrate on working out more difficult words.

Another step is to add endings s, ing, ed and er to FAST WORDS e.g. play, plays, playing, player

Consonant clusters (e.g. br, st, pl) and digraphs (sh, th, ch) are taught as children learn to generate words from FAST WORDS e.g. use 'at' to make that, flat, chat, chatting

## Practicing FAST WORDS at home

It would be beneficial for your child to practice FAST WORDS regularly at home. We suggest you spend 5 minutes each day writing the words on this card. Have fun trying these ideas:

- Rainbow writing - write the FAST WORD in one colour, write over the top in a different colour, then repeat with 1 or two other colours
- Write the words really big, then write them tiny
- Use magnetic letters on the fridge
- Write them in chalk on the path
- Write letter 'chunks' in the same colour to help children see patterns e.g. going, look, started
- Highlight the tricky bit e.g. because

Waitākiri School Fast Word cards 1-7 align with NZCER (New Zealand Council for Educational Research) Essential Lists 1-4 with some additions: colours, numbers to ten, Waitākiri, Christchurch, New Zealand, child's surname. After children master these seven lists they move onto NZCER Essential lists 5-7, then Commonly Misspelt Words.

## MY FAST WORDS:

Card 1: I am learning to read and write these words:

| I | a | see | the | at |
| :--- | :--- | :--- | :--- | :--- |
| am | we | Mum | go | Dad |
| is | look | going | can | to |

Card 2: I am learning to read and write these words:

| in | for | come | on | here |
| :--- | :--- | :--- | :--- | :--- |
| like | this | up | my | it |
| and | was | said | are | went |
| me |  |  |  |  |

Card 3: I am learning to read and write these words and use what I know to make new words, eg got, lot, shot, spot

| had | of | by | but | he |
| :--- | :--- | :--- | :--- | :--- |
| then | so | they | day | you |
| your | be | him | no | saw |
| she | got | big | has | get |
| all |  |  |  |  |

Card 4: I am learning to read and write these words and use what I know to make new words, eg us, bus, bust, busted, trust

| when | did | his | have | very |
| :--- | :--- | :--- | :--- | :--- |
| if | little | ran | her | one |
| two | three | four | from | five |
| us | an | good | not | that |
| there |  |  |  |  |

Card 5: I am learning to read and write these words and use what I know to make new words, eg out, about, shout, shouted, shouting, outside

| house | over | school | them | time |
| :--- | :--- | :--- | :--- | :--- |
| well | do | made | will | out |
| into | put | six | seven | eight |
| nine | ten | started | old | away |

Card 6: I am learning to read and write these words and use what I know to make new words, eg night, bright, fright, frighten, delight, delightful

| about | our | were | just | back |
| :--- | :--- | :--- | :--- | :--- |
| because | came | home | some | down |
| with | night | blue | black | white |
| green | brown | orange | pink | yellow |
| red | as | girl | after |  |

Card 7: I am learning to read and write these words and use what I know to make new words, eg again, plain, explain, brain, sprain, sprained

| around | again | could | next | now |
| :--- | :--- | :--- | :--- | :--- |
| off | other | people | their | would |
| once | who | family | thing | food |
| first | only | what | want | friend |
| Waitākiri | New Zealand | Christchurch |  |  |

## Essential Lists 5-7 \& Commonly Misspelt Words:

Essential List 5 (These 50 words make up approx $5 \%$ of writing children do)

| am | door | last | once | through |
| :--- | :--- | :--- | :--- | :--- |
| another | everyone | left | play | told |


| away | family | long | really | too |
| :--- | :--- | :--- | :--- | :--- |
| bed | five | looked | room | walked |
| been | found | made | something | want |
| before | friend | man | still | way |
| best | fund | more | thing | where |
| brother | heard | morning | think | which |
| called | here | name | thought | who |
| car | know | never | three | year |

Essential List 6 (These 70 words make up approx $5 \%$ of writing children do)

| also | cool | eyes | head | jump |
| :--- | :--- | :--- | :--- | :--- |
| always | dark | fell | hit | knew |
| asked | decided | felt | how | later |
| black | dog | find | inside | life |
| boy | eat | four | Its | live |
| bus | end | gave | It's | lot |
| cat | even | getting | I'll | lunch |
| coming | every | great | I'm | make |
| minutes | ride | sister | top | water |
| much | right | run | take | tell |
| nice | say | ten | tree | why |
| opened | until | window |  |  |
| outside | wanted | woke | yes |  |

Essential List 7 (These 60 words may up approx $3 \%$ of writing children do)

| any | each | ground | money | soon |
| :--- | :--- | :--- | :--- | :--- |
| baby | ever | guard | mother | stay |
| bad | everything | hand | myself | stop |
| ball | face | happened | new | swimming |
| being | fast | happy | parents | tea |


| bit | father | help | picked | than |
| :--- | :--- | :--- | :--- | :--- |
| boat | few | hole | playing | tried |
| bought | finally | hot | presents | under |
| camp | finished | hour | road | wait |
| dead | game | let | side | won |
| died | girl | look | small | work |
| doing | gone | many | sometimes | world |

## Commonly Misspelt Words

The 55 words in this section are among the most difficult to spell correctly. As they are often used in writing, it is important that children learn to spell each one.

| allowed | disappeared | holidays | stopped | awhile |
| :--- | :--- | :--- | :--- | :--- |
| doesn't | hopped | straight | believe | dollars |
| hospital | they're | breakfast | don't | instead |
| threw | brought | everybody | lightning | tomorrow |
| cannon | everyday | luckily | video | can't |
| everywhere | nearly | wasn't | caught | excited |
| police | watch | centre | favourite | present |
| weren't | chocolate | field | probably | we're |
| clothes | friends | quiet | whole | couldn't |
| front | scared | won't | didn't | grabbed |
| second | you're | different | having | someone |

